



**ORDER ONLINE**  
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# SALADS & WRAPS

## BUILD YOUR OWN

INCLUDES UNLIMITED VEGETABLE TOPPINGS\*  
 AVOCADO +\$1 | PROTEIN +\$2 | SHRIMP +\$3

**\$8**

### ANTIPASTO

ROMAINE, SALAMI, HICKORY SMOKED HAM, MILD BANANA PEPPERS, BLACK OLIVES, MOZZARELLA CHEESE, OLIVE OIL, RED WINE VINEGAR

**\$9**

### MEDITERRANEAN

ROMAINE, ICEBERG, GARBANZO BEANS, CUCUMBER, FETA CHEESE, FRESH RED PEPPER, PURPLE CABBAGE, QUINOA, CRUSHED PITA CHIPS, BABA LEMON VINAIGRETTE.

**\$9**

### ASIAN

ROMAINE, SPINACH, SAVORY GRILLED CHICKEN BREAST, MANDARIN ORANGES, ALMONDS, CHOW MEIN NOODLES, SESAME GINGER DRESSING

**\$9**

### SEASIDE

ROMAINE, SPINACH, ICEBERG, SEASONED CRAB, SPICY SHRIMP, FRESH RED AND GREEN PEPPERS, CUCUMBER, RED ONIONS, MOZZARELLA CHEESE, CHOW MEIN NOODLES, ITALIAN HERB VINAIGRETTE

**\$12**

### BAJA

ICEBERG, BLACK BEANS, CORN, TOMATO, CHEDDAR CHEESE, CRUSHED DORITOS, SAVORY GRILLED CHICKEN BREAST, MEXICAN FIESTA DRESSING

**\$10**

### SOUTHWEST CHICKEN

ROMAINE, SPICY SAVORY CHICKEN BREAST, CHEDDAR CHEESE, MOZZARELLA CHEESE, CORN, BLACK BEANS, CILANTRO, AVOCADO, CRUSHED FRITOS, SPICY RANCH DRESSING

**\$11**

### CHICKEN CAESAR

ROMAINE, PARMESAN CHEESE, SAVORY GRILLED CHICKEN BREAST, HEARTY CROUTONS, CAESAR DRESSING

**\$8**

### CLUB

ROMAINE, PAN ROASTED TURKEY BREAST, HARDWOOD SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPICY RANCH DRESSING

**\$10**

### COBB

ROMAINE, ICEBERG, PAN ROASTED TURKEY BREAST, HARDWOOD SMOKED BACON, EGG, AVOCADO, TOMATO, BLEU CHEESE CRUMBLES, ITALIAN HERB VINAIGRETTE

**\$11**

### GREEK

ROMAINE, ICEBERG, RED ONIONS, TOMATO, CUCUMBER, GREEN PEPPERS, BEETS, RADISH, FETA CHEESE, MB'S GREEK GODDESS VINAIGRETTE

**\$9**

### MARIANA

ROMAINE, SPINACH, ICEBERG, HARDWOOD SMOKED BACON, EGG, RED ONIONS, BROCCOLI, SUNFLOWER SEEDS, CHOW MEIN NOODLES, HONEY MUSTARD DRESSING

**\$9**



\*We reserve the right to limit portion sizes.

Only 2 substitutions or additions allowed on predesigned salads. Additional substitutions may result in an additional charge.



## THE BIG SALAD

ASK ABOUT OUR DELICIOUS  
**CATERING OPTIONS**

**WE DELIVER - ORDER ONLINE**  
[MYBIGSALAD.COM/ORDER-ONLINE](http://MYBIGSALAD.COM/ORDER-ONLINE)

**SAVE BIG - BIG SALAD REWARDS**  
[MYBIGSALAD.COM/REWARDS](http://MYBIGSALAD.COM/REWARDS)

# SANDWICHES

	<b>BABY</b>	<b>BIG</b>		<b>BABY</b>	<b>BIG</b>
<b>CALI CLUB</b> PAN ROASTED TURKEY BREAST, AVOCADO, HARDWOOD SMOKED BACON, LETTUCE, TOMATO, RED ONION, BASIL AIOLI ON A MULTI-GRAIN CIABATTA	\$6	\$10	<b>ITALIAN ANTIPASTO</b> HAM, SALAMI, FRESH MOZZARELLA SLICES, TOMATO, RED ONION, MILD BANANA PEPPERS, DRIZZLED WITH OUR BASIL & GARLIC AIOLI, SERVED WARM ON AN ITALIAN BAGUETTE	\$6	\$10
<b>CAPRESE</b> FRESH MOZZARELLA SLICES, FRESH BASIL LEAVES, TOMATO, BLACK PEPPER, BALSAMIC VINAIGRETTE ON AN ITALIAN BAGUETTE	\$4	\$7	<b>SPICY TURKEY CLUB</b> PAN ROASTED TURKEY BREAST, HAM, HARDWOOD SMOKED BACON, MOZZARELLA CHEESE, TOMATO, RED ONION, SPICY RANCH DRESSING, SERVED WARM ON AN ARTISAN BAKED BREAD	\$6	\$10
<b>CRANBERRY TURKEY</b> PAN ROASTED TURKEY BREAST, DRIED CRANBERRIES, WALNUTS, MAYONNAISE, UNIQUE SPICES ON A MULTI-GRAIN CIABATTA.	\$6	\$10	<b>TURKEY BACON APPLE</b> PAN ROASTED TURKEY BREAST, HARDWOOD SMOKED BACON, MOZZARELLA CHEESE, SPINACH SLAW, HONEY MUSTARD SERVED WARM ON A MULTI-GRAIN CIABATTA	\$6	\$10
<b>HAIL CAESAR</b> SPICY SAVORY CHICKEN BREAST, PARMESAN CHEESE, AVOCADO, ROMAINE LETTUCE, HEARTY CROUTONS, CAESAR DRESSING WRAPPED IN A SPINACH TORTILLA	-	\$10			

# SOUPS

CHECK YOUR LOCATION FOR DAILY SELECTIONS.



# PICK-A-PAIR



**SALAD + BABY SANDWICH**  
\$12



**SALAD + BABY SOUP**  
\$10



**BABY SOUP + BABY SANDWICH**  
\$8

# TOPPINGS & DRESSINGS

## PROTEIN

HARDWOOD SMOKED BACON  
HICKORY SMOKED HAM  
PAN ROASTED TURKEY BREAST  
SALAMI  
SAVORY GRILLED CHICKEN  
SEASONED CRAB  
SPICY CHICKEN  
SPICY SHRIMP

## CHEESES

BLEU  
CHEDDAR  
FETA  
MOZZARELLA  
PARMESAN

## TOPPINGS

ALMONDS  
AVOCADO  
BEETS  
BLACK BEANS  
BLACK OLIVES  
BROCCOLI  
CARROTS  
CHOW MEIN NOODLES  
CILANTRO  
CORN  
CROUTONS  
CUCUMBER  
DRIED CRANBERRIES  
DORITOS  
EDAMAME  
FRITOS  
GARBANZO BEANS  
GRANNY SMITH APPLES

GRAPES (SEASONAL)  
GREEN PEPPER  
HARD BOILED EGG  
JALAPEÑOS  
MANDARIN ORANGES  
MILD BANANA PEPPER  
MUSHROOMS  
PEAS  
PITA CHIPS  
PURPLE CABBAGE  
QUINOA  
RADISHES  
RED ONION  
RED PEPPER  
STRAWBERRIES (SEASONAL)  
SUNFLOWER SEEDS  
TOMATO  
WALNUTS

## DRESSINGS

BABA LEMON VINAIGRETTE  
BALSAMIC GARLIC AND BASIL VINAIGRETTE  
BALSAMIC VINAIGRETTE  
BALSAMIC VINEGAR  
BLEU CHEESE VINAIGRETTE  
BUTTERMILK RANCH  
CAESAR WITH EGG  
GREEK  
HONEY MUSTARD  
ITALIAN HERB VINAIGRETTE  
MEXICAN FIESTA  
OLIVE OIL  
RED WINE VINEGAR  
SESAME GINGER  
SPICY RANCH WITH BACON  
STRAWBERRY VINAIGRETTE